

## Your Go-Bag Checklist

Every family member should strive to have a well-stocked go-bag in case of emergency. Use this checklist to keep track of what's in your Go-bag. You can be creative, too! Think of things that you might need and add them to the end of this list.

<b>Check</b>	<b>Item or Supply</b>
_____	A paper map to find alternate routes if major roads are closed. Order online from <a href="https://randpublishing.com/">https://randpublishing.com/</a>
_____	A recent family photo and a copy of the family emergency plan in a Ziploc bag
_____	An old pair of prescription eye glasses, or other vital personal items
_____	Any special-needs items for children, seniors or people with disabilities.
_____	Batteries
_____	Battery operated or hand crank radio
_____	Copy of health, car, homeowners, or other insurance and identification cards in a Ziploc bag
_____	N95 Dust masks or similar
_____	Emergency cash in small bills and quarters for phone calls
_____	Extra keys to your house and vehicle.
_____	Flashlight
_____	List of allergies to any drug (especially antibiotics) or foods
_____	List of emergency point-of -contact phone numbers
_____	Non-perishable food and a manual can opener
_____	Permanent marker, a pencil, paper and tape

- \_\_\_\_\_ Pocket knife or Multi-tool
- \_\_\_\_\_ Prescription medications and first aid supplies
- \_\_\_\_\_ Raingear
- \_\_\_\_\_ Sturdy shoes, a change of clothes, and a warm hat
- \_\_\_\_\_ Toilet Paper and plastic trash bags
- \_\_\_\_\_ Toothbrush, toothpaste, soap and personal hygiene products
- \_\_\_\_\_ Whistle
- \_\_\_\_\_ Mylar Blanket
- \_\_\_\_\_ Bottled Water and non-perishable nutrition bars, MREs or snacks
- \_\_\_\_\_ Hand Sanitizer
- \_\_\_\_\_ Leather Work Gloves
- \_\_\_\_\_ Light Sticks or Solar Lantern
- \_\_\_\_\_ Walkie-Talkie or handheld two-way radio
- \_\_\_\_\_ Sewing Kit
- \_\_\_\_\_ A Bible, Qur'an or other Scripture on which you and your family can rely.
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*When the Event comes to pass — There is no belying its coming to pass — Abasing (some), exalting (others) — When the earth is shaken with a (severe) shaking, And the mountains are crumbled to pieces, So they are as scattered dust, And you are three sorts. So those on the right-hand; how (happy) are those on the right-hand! And those on the left; how (wretched) are those on the left! And the foremost are the foremost— These are drawn nigh (to Allah). In Gardens of bliss.*

- Holy Quran, 56:1-12